



# Candlelight Flow Yoga

with Jack Utermoehl

**All Levels Welcome**

Every Sunday evening

**6:30-7:45pm**

Welcome the winter season with light and fire! As the days grow long we ourselves long for more light and heat. Celebrate this cool calmer season with the magic of candlelight.

Save your spot!  
[www.yogaVstudio.com](http://www.yogaVstudio.com)